EXERCISE SCIENCE

Bachelor of Sport Science

The following degree plan is applicable to students enrolling at Central Christian College of Kansas after July 1, 2019, through June 30, 2020. This degree plan will remain in effect until the student ceases continuous full-time enrollment or declares a new major, minor, emphasis, or concentration. Students not maintaining continuous enrollment will need to meet graduation requirements as stipulated by the Catalog of record at their point of reentry. Students may also opt to request that the graduation standards of any Catalog associated with their current enrollment determine graduation standards.

Foundational Skills			
GS-SM 104	First Year Seminar	1	
EN-CP 103	English Composition I (WV-ACT≥22)*	3	
EN-CP 104	English Composition II	3	
_____	Communication Course	3	
Liberal Arts			
Fit Mind			
NS-BI 101	General Biology	3	
NS-MA 104	College Algebra or Higher	3	
SP-SH 308	Exercise Physiology	3	
Fit Heart			
_____	History Course	3	
SS-PY 110	General Psychology	3	
Fit Body			
HU-AR 100	Perceiving the Arts	3	
SP-SH 210	Personal & Community Health	2	
_____	Activity Course	1	
Fit Soul			
_____	Philosophy Course	3	
_____	Worldview Course	3	
Capstone Experiences			
_____	Biblical Literature Course (MT-CH)	3	
GS-SM 399	Professional Portfolio	0-1	
GS-SM 499	Senior Portfolio	0	

Exercise Science Core			
NS-BI 204	Anatomy & Physiology I w/ Lab	3	
NS-BI 205	Anatomy & Physiology II w/ Lab	3	
NS-CH 102	General Chemistry w/ Lab	4	
SP-SH 201	First Aid	2	
SP-SH 202	Introduction to P.E., Sports & Fitness	3	
SP-SH 203	Care and Treatment of Athletic Injuries	3	
SP-SH 310	Kinesiology	3	
SP-SH 312	Adaptive Physical Education	2	
SP-SH 314	Sport Nutrition	3	
SP-SH 320	Measure & Eval. in Health and P.E.	3	
SP-SH 395	Practicum [Exercise Science]	3	
SP-SH 415	Exercise Testing, Evaluation, and Prescription	3	
SP-SH 420	Exercise Leadership	3	
SP-SM 425	Administration in Sport & Fitness [WI]	3	
SP-SH 491	Sport Science Seminar [Capstone]	1	
SP-SH 495	Internship [Exercise Science]	3	
SS-PY 400	Sport & Exercise Psychology	2	
_____	Activity Course	1	
_____	Activity Course	1	

**ACT English <18 EN-CP 102 English Essentials as prerequisite to EN-CP 103*